

Creative Determinants of Health Cards USER MANUAL

THINGS TO KNOW ABOUT Creative Determinants of Health Cards:

- Each Card has an instruction for using a Creative Intelligence to explore a Social Determinant of Health.
- Each Card is labeled with a Creative Intelligence category and a Social Determinant of Health category. The colors and symbols of each card correspond to the different categories.

GET READY!

Two ways to PRINT & ASSEMBLE your very own Creative Determinants of Health Poster:

1. If you have access to a large format printer (capable of printing at least 18 inches by 24 inches), download the file: **FINAL_Creative_Determinants_of_Health_2012.pdf** and then print!
2. If you have access to a regular, letter-sized printer, download each of the files labeled: **CDH_Printout_1.pdf** through **CDH_Printout_8.pdf**. Cut along the lines marked with the matching letters of the alphabet, match the letters, and tape together.

Two steps to MAKE your very own set of Creative Determinants of Health Cards:

1. Print out each of the files labeled: **CDH_Printout_1.pdf** through **CDH_Printout_8.pdf** and cut out each of the hexagonal cards
2. MAKE a box for your Cards by printing the file: **FINAL_CDH_Box.pdf** onto heavy cardstock paper, cut along the dotted lines, fold along the dashed lines, and finally, tape together

ANYWAY YOU LIKE!

The Cards can be used in any way that makes sense for you.

- We encourage you to play with the set, mixing and matching the cards into groups of instructions.
- You can also use the Cards in groups according to their Creative Intelligence or Social Determinant of Health category; for instance, exploring the use of the Kinesthetic Creative Intelligence, or the Education Social Determinant of Health.
- Or for fun, use the colors or symbols on the Cards to sort them into same or mixed groups.

- You could even print out a new set of Cards each time you want to use them and cut them out in groups of six, to fold and tape into sixsided shapes to use as dice.
- It might be fun and wise to develop a system to keep track of your experiences using the Cards; if you do, please send us a photo of it!

If the situation on a specific Card doesn't exist in your neighborhood, think about a different way you might apply the instruction.

These Cards are reusable! Use them as often as you would like or feel is necessary. You could use the same Card or Cards each time or a different Card or Cards each time. Even the choice of which Card or Cards to use is a part of making an observation in your community, is a part of having agency in your neighborhood.

TELL US ABOUT USING THE CARDS...

We encourage you to try using the Cards, then take a picture or video of using a specific card, and sending it, along with a note about where you used the Card and about your experience to: creativeterminants@artistsincontext.org

We will be recording the number of times each Card is used, counting where the Cards are being used, and, with your permission, posting your Creative Determinants of Health experiences to share with the world!

Learn and see more here: www.creativedeterminants.org